

Dinner

MAINS

All Mains served with Starch and Veg

VEG STIRFRY R 63.00

Crisp Veg Sautéed Honey Soy and Ginger with Noodles

PERI PERI CHICKEN QUARTERS R 88.00

Two Roasted Chicken Quarters topped with a Peri Peri Sauce

CAJUN GRILLED CHICKEN R 91.00

Chicken Fillet topped with Creamed Spinach and Bacon

T-BONE STEAK R 115.00

350g Steak Flame Grilled to Perfection

RUMP STEAK R 115.00

300g Rump Steak Flame Grilled to Perfection

SINATRA STEAK R 158.00

300g Steak Flame Grilled & topped with a Mushroom Sauce infused with Jack Daniels and Seasonal Veg

LAMB CHOPS R 127.00

300g of Lamb Chops Flame Grilled to Perfection coated in a Minted Jus

KINGKLIP FILLET R 175.00

Grilled and topped with Creamy Lemon Butter

GRILLED PRAWNS R 165.00

10 Queen Prawns Grilled served with Lemon Butter

CALAMARI R115.00

250g of Calamari Rings Grilled or Fried served with Tartar Sauce

TOP UPS

Available in addition to any Main Meal ordered

QUEEN PRAWNS R 70.00

CALAMARI R 43.00

HAKE R 35.00

DESSERTS

ICE CREAM AND CHOCOLATE SAUCE R 33.00

MALVA PUDDING R 43.00

Served with Ice Cream

Chocolate Mud Cake R45.00

Served with Hot Chocolate Sauce

Affogato R29.00

Espresso topped Vanilla Ice Cream



the **Restaurant**
@ *St. Michaels Sands*

Ext. 2015



Breakfast

MORNING JUMPSTART R41.00

Layers of Muesli, Yoghurt and Fresh Fruit Salad drizzled with Honey

OMELETTE R68.00

3 Egg Omelette served with a choice of 3 fillings: Bacon, Mushroom, Ham, Cheese, Onion, Green Chilli or Assorted Peppers plus Toast

FARMHOUSE BREAKFAST R76.00

2 Eggs, Bacon, Beef Sausage, Mushroom, Baked Beans and Tomato plus Toast

BOERIE BREAKFAST R73.00

2 Eggs, Hash Brown and Boerewors served with a Spicy Tomato and Onion Relish and Chips

VEGETARIAN R68.00

Soya Sausages prepared in a Tomato and Onion Relish, Hash Brown, Mushroom, Baked Beans and Fried Sweet corn plus Toast

Lunch

BURGERS

Served with Chips

BEEF BURGER R 55.00

150g Home Made Beef Patty Flame Grilled and served on Crisp Salad Greens

CHICKEN BURGER R 55.00

Grilled Chicken Fillet served on Crisp Salad Greens

VEG BURGER (V) 55.00

Soya Patty topped with Tomato Relish and Served On Crisp

TRADITIONAL TOASTED SANDWICHES

Served on a Choice of Brown or White Bread with Chips or Salad

CHICKEN MAYONAISE R 42.00

CHEESE, TOMATO (V) R 37.00

BACON & EGG R 42.00

KIDDIES MENU

CHICKEN LITTLE R 36.00

Crumbed Chicken Strips served with Mayonaise and Chips

SHARK TALE R 36.00

Crumbed Hake Medallions with Tartar Sauce and Chips

LITTLE BEEF BURGER R36.00

100g Beef Patty in a Bun with Chips

MACARONI CHEESE (V) R 36.00

LIGHT MEALS

CREAMY SPINACH AND FETA PASTA (V) R 59.00

CLASSIC FISH & CHIPS R 65.00

Grilled or Crumbed & Deep Fried served with Tartar Sauce

CHICKEN AND MUSHROOM PASTA R 79.00

CHICKEN SCHNITZEL R 76.00

Served with Chips, Veg and Mushroom Sauce

STEAK, EGG & CHIPS R 67.00

150g Steak Flame Grilled to Perfection topped with a Fried Egg

TRADITIONAL LAMB CURRY R 71.00

Served with Rice and accompanied by a Traditional Indian Salad & Sliced Banana

PORK CHOPS AND CHIPS R 69.00

2 Pork Chops Flame Grilled and basted in Honey and Mustard

SALADS

Served with our Home Made Salad Dressing

EVERGREEN SALAD R 35.00

A Classic Green Salad

GREEK SALAD R 56.00

Evergreen Salad with Feta and Olives

CAJUN CHICKEN SALAD R67.00

Classic Green Salad topped with Cajun Chicken Strips

CALAMARI SALAD R72.00

Classic Green Salad topped with Grilled Calamari

STARTERS

CRUMBED MUSHROOMS (V) R 45.00

Served with Tartar Sauce

PERI-PERI CHICKEN LIVERS R 37.00

Served on Melba Toast

CALAMARI R 59.00

Deep Fried or Grilled served with Tartar Sauce (Cajun Option Available)

GARLIC ROLL R26.00

CHEESY GARLIC ROLL R35.00

SOUP OF THE DAY (V) R 36.00

Served with wedges of Brown Bread